

APRIL

What's In Season?



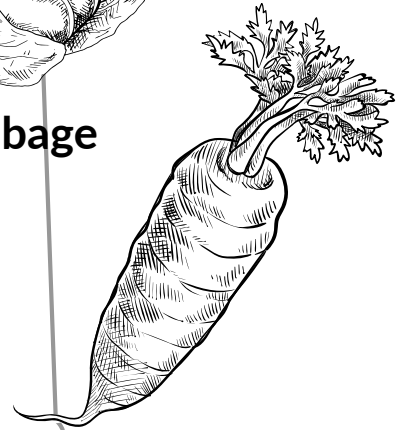
Pea Shoots



Potatoes



Cabbage

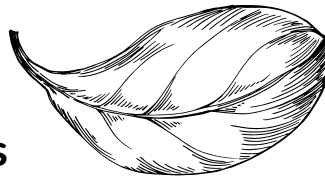


Carrots



Radishes

Parsnips



Spinach



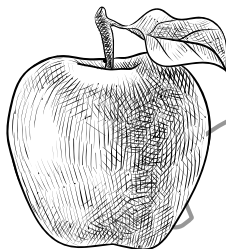
Rutabaga



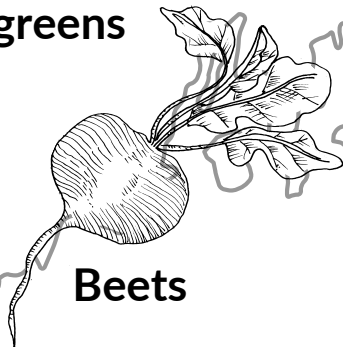
Onions



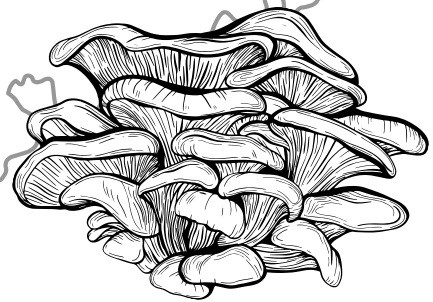
Microgreens



Apples



Beets



Mushrooms

 **MAINE FEDERATION OF
FARMERS' MARKETS**